

All donations are dropped off at our house at 7 MALLESON ROAD, MOWBRAY.
We currently have 35 girls in our care and you can donate the following items listed below:

BASIC GROCERIES PER WEEK:

Sugar, Maize, Rice, Flour, Yeast, Bread, Samp, Dry Beans, Meat, Chicken, Sausage, Viennas, French Polony, Pasta, Beans (tinned), Pilchards, Peanut Butter, Jam, Spices, Beefstock, Salt, Oil, Margarine, Amazi, Eggs, Milk, Tea, Coffee, Mayonnaise, Chutney, Tomato Sauce, Cordials, Washing Powder, Sunlight Soap (Green Bar), Sunlight liquid, Handy Andy, Bleach, Black Garbage Bags, Steelwool.

TOILETRIES:

Conditioner, Vaseline, Bath soap, Body lotion, Roll-on Deodorant.

SCHOOL CLOTHES:

School tracksuits, grey pants/skirts, white shirts, jerseys (school colours).

VEGETABLES AND FRUIT:

Potatoes, Onions, Carrots, Cabbage, Beetroot, Pumpkin/Butternut, Tomatoes, Green Pepper, Apples, Pears, Bananas, Oranges/Naartjies.

CLOTHING (small to large):

Tights, Pyjamas, Shoes Sizes 1-8, Long Sleeve T-shirts, Closed Jerseys.

STATIONERY:

Pritt (43g), Reams White Paper (80gsm), Hardcover Books (96 pages), Hardcover Books (196 pages), Hardcover Books (288 pages), Exercise Books (72 pages), Plastic Rolls, Brown Paper Rolls, Paper Grafton Bright A4 Rainbow (pack of 50), Board Bright A4 (pack of 50) 160gsm, Whiteboard (160gsm) A4, Whiteboard (160gsm) A3, Project Paper A3 (White), Maths Sets, Pencils Staedtler HB.

APPLIANCES/FURNITURE:

Couch.

FIRST AID KITS:

Panado, cough syrup, flu packs, plasters, bandages.

SPORTS EQUIPMENT:

Games like chess, hoola hoops, skipping ropes, etc.

ADDITIONAL ITEMS:

- * Saucepans
- * Plastic cups, plates and bowls
- * Globes — energy saving/rechargeables
- * Mops and brooms
- * Forks and spoons
- * Batteries (AAA and AA)
- * DVD/CD player



*Please do not hesitate to contact Ons Plek if you require any further information.
Tel: 021 685 4052/49*