



# Ons Plek Projects

*providing hope instead of street life*

P O Box 3506 Cape Town 8000  
Tel: 021 465-4829 ~ Fax: 021 461-0530  
email: [onsplek@new.co.za](mailto:onsplek@new.co.za)  
website: [www.onsplek.org.za](http://www.onsplek.org.za)  
NPO No. 009-578

*Affiliated to Cape Town Child Welfare Society*



*Ukondla Holiday Program*

## News in Autumn 2010



## My Life in Italy

My life in Italy is going quite well, with everything, even if it's not easy learning a new language. I am using this time to study Italian further, in order to be able to look for a job once the baby will be born.

I am happy here even if it gets a bit overwhelming sometimes because everything is new and I am trying my best to get used to it. I am very much positive because I have got all I used to dream about, a good marriage and a baby coming soon.

Here I met the South African ambassador who sometime we meet with. Her name is Nomvuyo Nokwe and she is such a wonderful lady and very simple (at least sometime I manage to speak Xhosa). She also suggested me to, once my Italian will be better, be able to work at the South African consulate in Milan. We'll see in the future.

At the moment all my energies and thoughts are on this small creature I am carrying and Simone is already starting to behave as an apprehensive father and husband but I think that's normal for a person having his first child. I am more overwhelmed than him and sometimes scared too. We hope for the best.

I will talk to you soon and we will be coming to South Africa next year with the baby and we are looking forward to seeing you all. Thank you for your support for all my childhood until this time.

I hope the readers of the newsletter will enjoy my adventure.

Best wishes to you all,

**Nomawethu**

*(Nomawethu spent time with us at Ons Plek as a young girl)*



## Ons Plek Projects

**Director**  
PAM JACKSON

**Unit Manager Siviwe**  
YUMNA VAN DER SCHYFF

Our assessment centre intake shelter  
ONS PLEK, and our OFFICES,  
are situated at

4 Albertus Street, Cape Town

Tel: 021 465-4829 ~ Fax: 021 461-0530

email: [onsplek@new.co.za](mailto:onsplek@new.co.za)

website: [www.onsplek.org.za](http://www.onsplek.org.za)

Our second-stage shelter SIVIWE is  
situated at 7 York Road, Woodstock  
Tel: 021 448-6529

Our Community Development Programs:

UKONDLA 1 is situated at

City Council Community Hall,

Browns Farm, Philippi

and our newly initiated program,

UKONDLA 2 is situated on the

premises of Sizakuyenza Safe House,  
cnr Eisleben + Phumelele Roads, Philippi



*We invite you to visit the  
Projects and meet the staff  
and the young girls*



### *A tribute to **Libby Abrahams** who was "called home" on 16.12.2009*

*written by Renée Rossouw (ex Deputy Director, Ons Plek)*

For Libby, who always welcomed me ...

In child care, there is the often quoted piece of wisdom, it takes a village to raise a child. In a way, it takes a village right through our lives to keep growing and feeling valued.

And this is the gift Libby had that has been with me these last few days — that whatever the circumstances, Libby was always creating and participating in a village life, always welcoming people, worrying about people, caring about people, scolding about people, seeing to people.

I first met Libby in the early days of Ons Plek, when Ons Plek gradually also filled up the downstairs space in 4 Albertus Street, and Libby ended up with an office in a box in the church

next door. For the first Ons Plek girls, Antie Libby was the neighbour and the neighbourhood, the door where you could knock and it would be opened.

From that time I remember a girl called Magdalene, who got so angry that she would have fits foaming at the mouth and throwing pot plants and teaspoons and whatever she could find. Maggie didn't know her own home address (her family only traced her from her being on television with Ons Plek). Yet she was bright enough to know her need of God, and it was Libby who walked with her until she was confirmed in a shimmering dream white dress, provided by Antie Libby.

It is impossible to single out one member of the Abrahams family for loyalty to Ons Plek — that faithfulness has been there now for twenty years. But certainly Libby's direct love for the poor, her hands-on wholehearted care and worry about people, is what singles out her faithfulness to Ons Plek's ministry over all this time.





**Pam Jackson**  
**DIRECTOR**

## It's a Tuesday...

It's a Tuesday at Ons Plek Projects. Jenny and interns are busy teaching the girls who are not yet ready to return to school in our small dining room at Ons Plek. Carmen is sitting in supervision with childcare workers Blossom, Weziwe or Faniswa and Patricia. They sit on the childcare workers beds so the girls can use the tables for school.

At Siviwe, Yumna is sitting in supervision, on the childcare workers beds, again due to lack of space, and to man the phone at the same time, with childcare workers on duty, either Gina and Nomacebo or Nthabiseng and Nokonwaba.

Upstairs Pam is sitting in supervision with Ukondla staff, Mapula, Zanele and 'Toni'.

In each supervision the atmosphere is intense; the participants absorbed in discussion about each child in the program, their progress and further treatment plans.

At Ons Plek and Siviwe where the girls are in 24-hour care the responsibility is heavy. At Ukondla we intervene to prevent children dropping out of society by providing homework, life skills and emotional support in the afternoons and holiday. The children are all deemed at risk of truanting either because of their parents' long absence at work due to work hours or parents who are neglectful and the dangerous presence of many gambling houses, drug dealers and gangs. We can offer help but the children are in their parents care and the total responsibility does not rest on us.



This Tuesday Ukondla's supervision proceeds as follows:

Zanele reports to Ukondla staff that Thandi is too weak to come to Ukondla. A normally bright child, good at schoolwork, she started a year ago to just sit and stare into space or sleep. Her mother took her to Red Cross Hospital where they said she has worms in

her head. She had to go back 3 months later, but just before the appointment she had a fit and was rushed back to Red Cross by her Mom. She was treated for tonsillitis and told to come back 3 months later. At this stage Pam asked Zanele to follow up with the Doctors — why no word about the worms or fit but only about tonsillitis. Why another delay of 3 months? Red Cross staff told Zanele nothing can be done about the worms, but follow ups would be done in the new year. Now Thandi is too weak to come to Ukondla. She goes to school in the morning, must then walk home to get her medicine for fits, given by the clinic 2 weeks ago after another fit, and cannot then make the walk to Ukondla. Her brother must accompany her home first and so he is also late for Ukondla.

Thandi's Dad had a stroke 2 years ago and no longer works, the Mother has bad arthritis and is also unemployed. She does not understand what the Doctors tell her, she feels they are not helping and after each visit is still terribly anxious about her child because it seems nothing is being done. She really appreciates Zanele's offer to accompany her to the next appointment, which is tomorrow. Ukondla staff decide Zanele must make sure the Doctor is told about all the problems — perhaps the Mom is only answering questions and not giving a full picture. She must ask for an explanation of what can and can't be done, are the worms still active, what is the long-term prognosis and help the Mom ask the questions she has. Then she must see if Ukondla could dispense the medicine to Thandi after school so Thandi and her brother can still attend.

The children  
are all  
deemed at  
risk of  
truanting ...







## Post Script to Supervision: Thandi

At the appointment the Doctor explains in response to Zanele's questions, that the worms and their eggs are dead, that the remaining debris will still cause fits and that she will be on medication for fits for 2 years at least. As a result of Zanele's support the Mom began to share the abuse which is happening in her marriage – this is the start of more support and counseling which we can use to make a difference in her and the families life.

Such a sad story with parents having very few resources to help them cope. There is so little Ukondla can do but facilitate the access to better hospital treatment and show human kindness and support to the family in their struggle.

Then there is 'Buti' says Toni. He is always neat, organized, lively and participative. This week he has been very tired, he is dirty, his eyes are yellow. On asking him to get his Mom to take him to the clinic, Toni learnt that his Mom is staying with his Dad in Gauteng and he is now in the care of his oldest sister who goes to College every day. She wrote a letter to the sister telling her to take Buti to the clinic but days later this has not been done. Toni will now come in early tomorrow and take him herself. The immediate crisis having been seen to she will then do a home visit to find out what the home care arrangements are before we decide how to intervene.

In each supervision session the progress of each child is discussed. New plans are made. The child's adaptation to previous treatment plans are monitored. Staff emotions are dealt with to enable us to cope with the work and not to allow our emotions to influence the work in a destructive way. Emotions are used to help clients process their own emotions where these are interfering in the way they handle their life crises and everyday decisions.



**Another Tuesday has gone by. Staff are tired but have a feeling of satisfaction that we are getting somewhere with our work of changing peoples lives.**

CS

### HAVE YOU MOVED?

Please advise us of your change of address if you have moved home or office ... it's so disappointing when 'thank you' letters that the girls have written, or our newsletters, are returned to us!



## Ukondla Holiday Program



*Yummy  
Easter eggs!!*



## NACCW

*(National Association of Childcare Workers)*



NACCW is an organisation that helps childcare workers to become professionals. It starts from Module 1 to Module 14. In these modules, we learn how to build relationships with children by communicating, interacting, observing and working in their life space. We do problem solving and family reunification. We are taught how to teach responsibilities to the children so that one day they can stand up for themselves.

NACCW is very helpful to childcare workers because most of our children are vulnerable, so it helps us to understand their behaviours and recognise their feelings.

It is important to work as a team when dealing with the children. Shared purpose involves participation in decision making.

**Nthabiseng Lebeta**  
Childcare Worker



## Game Drive Outing

Hosted by Aquila Private Game Reserve ...

*"what a fabulous, educational outing for the girls — thank you!"*

When we went to the Game Reserve we saw the zebras, hippos, ostrich, kangaroo and lion. I enjoyed because I got the chance to see some of these animals for the first time. The other thing that I enjoyed about that day was the food that they bought for us and the ride they gave us.

I just want to thank those who took us there and also for the food they bought for us. I know that the food and the cool drinks that they bought that day costed them a lot of money and Insha-Allah (God) will reward them 1000 times more than what they spent on us.

And the other thing that I enjoyed about the Game Reserve was that while we were taking a ride the man who was our driver explained how the different kind of animals live so I also learn a thing or two about animals.

**Amina**



I found the outing very interesting and enjoyable because of the animals and the long trip. It was my second time seeing the animals but it felt like the first time again. I also enjoyed the food we ate. I hope I can go again, it was very nice being far away from Cape Town for a while. Thank you who every organised it. Thank you Ons Plek!

**Faloni**

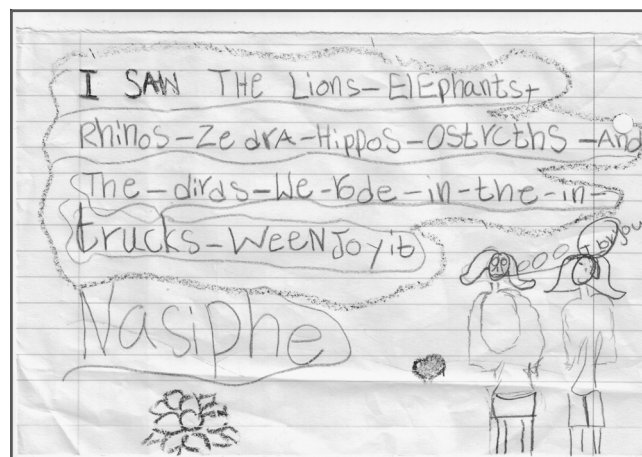
It was nice to go to game reserve. I enjoyed because it was my first time to go there. And I also saw animal that never before, we also had nice food and cool drinks.

**Ziyanda**



I saw the lions elephants rhinos zebra hippos ostrichs and the birds. We rode in the trucks. We enjoy it.

**Desiree**



## Working at Ons Plek ...

*watch out for your boots!*

On my first week at Ons Plek, I came in early for my night shift because I was coming from the course, so I arrived at 4.30pm. When I came in, I took off my boots and put them in the bathroom. When I looked for my boots later, I only see the socks and the boots were nowhere to be found.

I ask the girl who was cleaning the bathroom, she said she only saw socks not boots. I call the other two who were showering there. The one said she doesn't know she didn't even see the boots. The other girl who was with said: "no you did take the boots", but she said she took her boots from the shower not my boots.

I ask her to bring her boots. She did go and come back with my boots saying it's her boots that she gets from her teacher at school.

When I ask her what were boots doing in the bathroom she thought one of the girls did take her boots from her cupboard. I told her it's my boots she just keeps quiet.

The next morning she come to me to apologise for taking my boots. She thought it's hers, she only realised this morning that hers are short and mine are long. I did accept the apology.

**Nomacebo Buso**  
Childcare Worker





# Hermanus Boat Trip Outing

First the children were happy about the trip because most of the children it was a first time to go to the place which is far from their home.

But when we were in the boat they were very scared, screaming because it was windy and the waves were too much. I was also worried about them. The boat didn't go so far because of the wind and people they did explain the safety of the boat and they also put the safety jacket for the boat.

But after we get off, take a rest, a food after that, they have a walk and look around the place and they were happy again.

**Zanele**

*Childcare worker*



*I enjoyed the Hermanus outing it was very nice. And it was nice to seat on top of the boat. And we were lot, mix with Ukondla children. We eat nice, it was very great.*

**Ziyanda**



*It was nice because it was nice. We were on top of the boat and it take long time to come back.*

**Nasiphe**

*I enjoyed the Hermanus because my siblings were there with me. I also enjoyed the outing because you gave the opportunity to go in the boat and took a ride in it and for that I want to thank the people who gave us the opportunity to go there including Ons Plek. Thank you.*

**Amina**

*“Thank you to Hermanus Whale Cruises for their generosity in hosting our girls on a trip on their ‘Whale Cruiser’.  
What an adventure! ”*



**We acknowledge with gratitude  
our Major Donors:**



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We dedicate this page to all our donors.  
Thank you for your continued and valued support.

*This list includes financial and other contributions received from July 2009 to February 2010*

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NY; Rondebosch United-Samaritan  
Part Trust; St John's Church;  
St John's Youth Group; St. Saviour's  
Parish; Sunday Chatachi Uwaoma;  
The Message; Unitarian Church.

## Methodist Churches:

Bellville EWA + MWA; Brackenfell;  
Bryanston; CMM; Malmesbury WA;  
Milnerton EWA; Plumstead.

## DETAILS UNKNOWN:

Naaidoo Mrs P  
Sunshine Colours



## Our Wish List

### FINANCIAL DONATIONS FOR:

- Transport costs for the girls to get to school
- Transport costs for the girls to get to educational outings/camps
- Medical expenses for the girls eg. eye tests

**TOILETRIES:** Sanitary pads, roll-on deodorant, toilet paper, Vaseline, hair straightener (**must be mild**), toothpaste, shoe polish (black), shoe brush, Nitagon lice shampoo (clinics no longer supply this and it has become rather expensive)

**UNDERWEAR (*Brand New Please!*):** Panties and bras for girls ages 5-18 years, socks for winter

**STATIONERY:** Photocopy paper (white), A4 coloured paper, A4 hard cover books, plastic sleeves, examination pads, Flip files, calculators (Scientific)

**For School** (60 of each item at the beginning of each new year): Blunt-nosed scissors, Pritt sticks (40g), space cases, ball-point pens (black, blue and red), homework diaries

**For the House:** Blackboard

**BEDDING:** Sheets and duvets

**UKONDLA (*Homework Program*):** Magazines (Huisgenoot, You, Drum, Vukani, Bona)

**Camera and Film 24 exp.**

### PLEASE CONTACT US RE THE FOLLOWING ITEMS:

- Laminating machine
- Power Point projector
- Shredder

Also some flannel nappies please!



## Keeping track of your donation

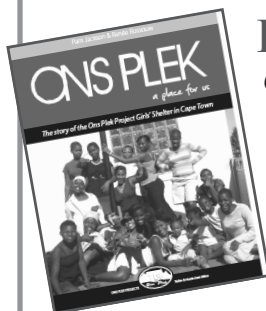
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This information then appears on the bank statement and identifies who we need to receipt and thank for the donation.

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## Book Release

**ONS PLEK a place for us**

*The story of the Ons Plek Projects Girls Shelter in Cape Town*

**Ons Plek is a project working with street children in Cape Town.**

Our book, a unique and easy-to-read approach to the subject of girls living on the street, focuses on the daily realities of providing a full range of structured, therapeutic and development opportunities for the children. The experiences will be invaluable for any professional working with children.

It's a book written to answer the many queries we get from businessmen, politicians, ratepayer associations, caring professionals, church ministers, students, scholars or housewives.

*This book is for anyone interested in people, because it is written in the form of stories. It is not necessary to be a professional to enjoy it.*

Please use Order Form or phone 021 465 4829  
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