

Ons Plek Projects

providing hope instead of street life

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website: www.onsplek.org.za
NPO No. 009-578



Affiliated to Cape Town Child Welfare Society

We extend a warm invitation
to everyone in the area to attend our

Annual General Meeting

and official farewell to

Renée Rossouw, Deputy Director

on Thursday 26th October 2006

at the

Rosebank Methodist Church

Chapel Avenue, off Main Road – Rosebank, Cape Town

from **17h00** for **17h30** to **19H30**

Vehicle security will be arranged



Ons Plek girls and staff will entertain you and the refreshments will entice you.

Please help us cater for everybody by bringing a plate of eats

RSVP: Tel 021 465-4829 or Fax 021 461-0530

Do join us ...

We look forward to seeing you at our Annual General Meeting. Our chairperson, Lucia Oosthuysen, will be there to welcome you.



Lucia Oosthuysen
Chairperson

This year, in addition to sharing Ons Plek's report of the year 2005/2006 we bid farewell to Renée. The magic and comedy will be supplied by Ons Plek girls and supported by staff. A brief pictorial journey of Renée's experiences and work at Ons Plek will illustrate what actually happens in our daily routine. AGM attendees will be given a chance to reminisce and publically give Renée goodbye messages. Then the girls, led by staff, will enthusiastically present traditional, or not so traditional dances.



Renée Rossouw
Deputy Director

We deeply appreciate your constant support and encouragement for our work.

... from Committee Members and Staff of Ons Plek Projects

AGM Information

NOMINATIONS for the MANAGEMENT COMMITTEE of ONS PLEK PROJECTS

Nominations for election to the Management Committee must be received at our office by **Thursday 19th October 2006 at 17h00.**

These nominations must be in writing and must have been seconded. Your nomination form is included (see back page).

If you need more nomination forms, they are available from Sharon or Odette at our office. Only members of Ons Plek Projects are entitled to nominate and second persons for election (*member's list appears on page 11*).

The following current Committee Members are willing to stand for re-election:

Ruth Andrews	Sandra Prosalendis
Valerie Julies	Jane Lawrence ???
Leslie Witz	

Lucia Oosthuysen, Christiana Nel??, Tseliso Tamasane and René Goliath will not be available as committee members, but will remain as friends and supporters of Ons Plek Projects.

Ons Plek Projects

Director:
PAM JACKSON
Deputy Director:
RENÉE ROSSOUW

Our assessment centre intake shelter ONS PLEK and our OFFICES are situated at 4 Albertus Street Cape Town
Tel: 021 465-4829
Fax: 021 461-0530
email: onsplek@new.co.za
website: www.onsplek.org.za

Our second-stage shelter SIVIWE is situated at 7 York Road Woodstock
Tel: 021 448-6529

Our Community Development Programme is situated at City Council Community Hall, Browns Farm, Bristol



We invite you to visit the Projects and meet the housemothers and the young girls

Ons Plek/Siviwe/Ukondla



Pam Jackson

Ons Plek Projects consist of:

- *Ons Plek (comprehensive assessment and developmental care) intake shelter with reunification as a priority*
- *Siviwe (second phase) therapeutic and developmental children's home with reunification as a priority*
- *Ukondla – Philippi Community Project with prevention as a priority*

In order to show how our programs actually interface in the lives of the children, our Annual Reports usually intersperse a heart-warming story of a girl with a formal description of the programs used at relevant points in the child's life. The annual reports sometimes reflect success stories and sometimes stories without a happy ending. Our purpose is for the donor to have a better picture of what we actually do and what our results are. This year our Director (Pam) and Deputy Director (Renée) have written a book, soon to be published, which tells the stories of several girls and the interventions Ons Plek made in their lives. Therefore the Annual Report this year does not follow the usual format. Instead the focus is on our primary priority which is reunification of the child with her family members where possible. Ons Plek runs several programs all of which have their own value. However each program also strengthens the reunification process and it is the relationship between the re-unification program and all other programs that is detailed in this report.

The report, which is a combination of Pam and Renée's writing, first describes the reunification programs and then looks at the value for reunification of other programs, particularly life skill programs.

KEY INFORMATION WITH REGARD TO THE WORK AND THE CONTEXT OF THE WORK OF ONS PLEK PROJECTS

- Ons Plek is the only full program for girls on the streets in the Unicity of Cape Town.
- Our intake shelter is situated in the CBD of Cape Town, because it is central and that is where children and youth run to for relative safety if city security systems allow them.
- The sources of the children's problems are not easily solved — deepening poverty, abuse, lack of affordable safe housing, unemployment, crime, family instability, alcohol abuse, family violence, etc.
- Girls come or are brought to us from different areas. Some girls roam around their home community with inappropriate friends, often hanging around 'juke boxes' and other cheap local liquor and entertainment centres, before seeking help further afield.
- Girls who seek help are often teenagers, but also younger girls, sometimes girls with babies.
- Children tend cope with an inordinate amount of trauma before leaving their home environments. These psychological scars may take long to heal for many of the girls.
- Those girls who find it the most difficult to reintegrate with mainstream society are often also living with learning difficulties and even severe mental health problems.
- Unaccompanied foreign minors are very vulnerable, and are ending up in the 'street children' sector.
- Ons Plek works with an average — 100 to 150 girls per year, last year 137 girls.
- The work of our three main facilities is all interlinked.

Family Reunification Program

Family reunification is one of the core functions of the work at Ons Plek. In some cases it requires months or even years of painstaking work to make a home placement possible. In the last year a total of about 51 girls were permanently united with their families, with follow up work indicating that these are placements are lasting.

24-hour Accessible Early Intervention Intake Program:

The first stage of reunification begins with the process of weaning the child of the street. Girls are referred to Ons Plek Intake Shelter within hours or a few days of arriving in the Cape Town

CBD. Usually they are running away from abuse or neglect at home. The girls' circumstances are assessed immediately on arrival. The girl is then referred to our family preservation or family reunification programs. Statutory services are provided by our social work staff.

While these processes are happening the girls are kept safe in our residential shelters. In cold clinical terms Ons Plek is a 24-hour assessment centre, but to the girls it's a very personal space. At Ons Plek they share their day's happenings and are listened to and also — less welcomed by them — chastised and disciplined. Sometimes they enjoy time with the other children, other times they argue and exchange insults. Ons Plek is their home, albeit temporarily.

The shelter facility allows the family, child and staff to work together in a very thorough way. All programs are integrated very closely with each other to equip and prepare the children for their future lives while the child is safe and fully cared for under adult guidance.

Reunification and Preservation Programs:

In both programs, family interviews are held as soon as possible to resolve the breakdown in the family if possible.

Family Reunification Program:

While the girls adjust to a structured environment, our social worker and child care staff contact and interview families and investigate home circumstances.

Ons Plek believes that children having children grow up in children's homes is second best. Wherever possible children should grow up in their families of origin, failing that, in foster family and lastly in a children's home. It is necessary to assist families to carry out their responsibilities towards their children and for children to grow up in the most empowering and least restrictive situations. **This year so far, we have managed to return 51 (37%) of our girls to their homes or extended families. More than two thirds of these, 38 girls, were placed with relatives within two months of arrival.**

Family Preservation Program:

Children who have only been away from the family for a day to two weeks would fall under this program. They may have "stolen" the family's bread money for sweets and then been afraid and run away or family conflict may have been brewing for a while. If the family bonds are still sufficiently intact for the child to return home while the problems are worked on it is called family preservation.

Staff hold family meetings and family building sessions with families. Early intervention in family conflict arising from different values between parents and children, as well as facilitation of discussion about negative family dynamics, frequently result in the family being preserved.

There are important issues to bear in mind in relation to the use of the terminology 'street children' and 'shelter'. Children who have been exposed to multiple trauma need the best care and developmental interventions we are capable of providing. In the Apartheid era organisations working with 'street children' struggled to exist at all, since we were working with mostly poor Black youth in areas classified as "white". We often had to make do with the bare essentials in order to provide any service at all. Yet in our current Democratic era we have not let go entirely of the idea that children who live, work or beg on the streets can somehow be served by a lower level service than other children. For instance at present a facility registered as a 'shelter' still receives less money than a facility registered as a 'children's home', and the proposed Section 76 amendment to the Children's Bill as it presently stands continues in the same vein.

Intervention Programs, Life Skills and Skills Training as related to Reunification

A healthy self image and feeling of belonging and mastery is crucial to the girls' willingness to engage in problem solving with their families and their communities. *If reunification fails the same process enables them to engage constructively in society.* A range of skills training and development

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programs are provided while the reunification process proceeds, however long that may take. Every activity we offer has a goal and purpose in the children's lives.

Home Visits

Home visits are important in making family reunification possible. Ons Plek staff did 48 home visits in the course of the last year. Ons Plek staff choose to do home visits although this is supposed to be done by outside agencies because resources dictate that visits are simply not done. While we do not have the structure to do many home visits we try to stretch our own resources whenever possible. While most visits are conducted by the child care workers, visits are also done by the social worker, counsellor and other staff as needed.

Social and Practical Skills — Household Duties

On a daily basis the girls do individual cleaning duties as decided by the Childcare Worker. The girls are responsible for making their beds, cleaning the rooms and the house in general. School uniforms are washed and ironed in the afternoon. At the same time the girls are involved in preparing a weekly shopping list and are actively doing the shopping together with the childcare worker. The older girls also each get a turn to prepare and cook the meals for the household. This includes preparing breakfast, lunch and supper.

Skills Learnt: Nutrition, Hygiene and Budgeting. These chores teach the children to take pride in their personal appearance and to become self reliant and independent. The shopping trips teach the girls to draw up a budget and to manage spending money, crucial for their future.

Benefits for reunification: Engenders feelings of belonging, mastery, responsibility. The duties keep expectations of family life realistic. The demands of

parents and society in terms of hygiene etc, are re-enforced by Ons Plek.

Social Skills — House Meetings

House meetings take place at least once a month and or as the households' needs determine. During meetings the girls have to practice and learn listening skills, respect each others opinion and share ideas in an accepting and non-judgmental way. The girls' meetings give the girls opportunities to problem solve creatively and deal with issues such as house rules, bullying, anger management and conflict management. The meetings also provide the space for girls to learn about changes in the house and staff matters (relevant to the girls' safety and growth and development) eg. news that staff members will be going on leave, staff member being pregnant and girls leaving Siviwe to return to family, etc.

Skills Learnt: Relationship skills.

Benefits for reunification: Promotes feelings of belonging, relationship building and socialises, ???

Social Skills — Church/Mosque Attendance

The girls attend the local Methodist Church on Sundays where they socialise with the community and experience a sense of inclusion and acceptance. This sense of belonging in the community continues when the teenagers in the house participate in the church Youth Program on Friday afternoons. Girls are also encouraged to participate in the religious and cultural activities in which their parents or community caregivers are engaged where possible.

There are very few Moslem children on the streets, but when they do come to Ons Plek an opportunity is provided for her to attend a local Madressa.

Skills Learnt: Relationship skills.

Benefit for ReUnification: The more acceptable a child is to the extended family and community, the more support there is for the reunification process.

Social Skills — Dance Group

A group of between 6 – 8 girls attends a weekly dance program in the community (run by Cherona). The girls gain much in terms of personal accomplishment, self confidence and sense of identity by being part of community programs. Once the girls' self esteem has been nurtured (through dance), they are keen to learn customary traditional dances. Traditional dance helps the girls to take pride in being able to identify with cultural and social traditions which will enhance their relationships with family and extended family alike.

Social Skills — Groups on Relationships, Friendships, Sexual Relationships and Body Care

The purpose and content of the groups was to educate the girls on positive ways to deal with people in their lives and to understand themselves by way of respecting themselves. Topics include body change and growth, good relationships / bad relationships, teen pregnancy, contraceptives and HIV/AIDS. The skills and knowledge that was shared during these discussion workshops allows girls to make more informed life choices. Discussions around

contraception, teen pregnancy, HIV/AIDS death (illness) etc. allow the girls to have the opportunity to share and exchange ideas about issues which affect them and their families. In the last year a child care worker took on this work, which is usually done by our social worker.

Skills Learnt: Relationship skills.

Benefits for reunification: Belonging, Socialisation, Relationship Building.

Education

If the children can cope at school it greatly increases their chances of fitting into and being accepted by their family and their community.

Girls attend formal and informal schools after attending our own bridging program 'Morning School' while their education abilities are assessed and they learn to re-adapt to routine and structure and gain confidence in their abilities.

Morning School Assessment and Bridging Program

The school runs from Monday to Thursday 9.30am to 12pm, with a baking or other creative program on Fridays from 8 to 11am.

We acknowledge with joy the valuable support
of our Major Donors (R10 000):

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HILDEN CHARITABLE FUND (England)

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MAKIKI CHRISTIAN CHURCH (Hawaii)

A total of 134 girls came through the doors of Ons Plek in the last year. Virtually all the girls who come to Ons Plek participate for even a short period of time in this program, except for a few who immediately attend school or need more intensive counselling support in the first few days.

The aims of the educational program are to do educational assessment, help children adapt to a school-type time structure, improve their concentration span and basic Maths and English in preparation for mainstream schools. The program is run jointly by our education support teacher who draws on the support of interns and volunteers. Where needed our internal assessment team refer girls for further education assessments. The benefits, while educational, also have benefits or reunification.

Homework Sessions

The girls at formal schools attend our homework program every afternoon from Mondays to Thursday, and do further homework as needed under guidance of child care staff and volunteers.

In these sessions the girls are assisted with homework and assignments. They visit libraries and are helped to prepare sensible exam study timetables. In addition our educator visits all the schools at least once a term to help the educators and learners build a good relationship and solve problems in helpful ways.

In addition to homework support older girls are also helped with job preparation. In the reporting period we have only had three older girls who are intensively looking at making job applications, writing, application letters, interview preparation, telephone skills, taking CV's to stores, studying for job tests.

A major factor in helping some girls get study and work opportunities requires extra assistance with home affairs, such as assisting those who qualify to get refugee papers.

Between 16 and 25 volunteers/interns assist the girls in various ways. They mainly assisted in the afternoons in the homework

and other enrichment programs. At Ons Plek the afternoons are taken up with extended Life Skills Programs for the girls who do not attend formal schools. Programs offered together with interns in the last year included: Verbal and reading skills (discussing, reading, making up stories together), phonics, spelling and maths, educational games such as word games, circle games, board games, quizzes, computer lessons, sports activities, dancing and singing.

These life skills sessions include educational aims. In baking the girls learn to follow basic recipes, follow basic instructions, use baking equipment and shopping and budgeting for ingredients. Other arts and crafts included painting, banner making, collages, salt dough, beadwork, paper chimes, Christmas card making, writing for the Ons Plek news letter, and full body chalk drawings. On 'butterfly day' the girls did face paint, butterfly biscuits, and butterfly art. Treasure hunts are used to help the girls stay focussed. The clues require them to use their maths and work as a team. In one treasure hunt they went to the Post Office and posted each other letters, which they were later very excited to receive. For the girls at Ons Plek visits to the gardens and parks are very important since we do not have a garden at Ons Plek. Participative puppet shows explored alcohol and drug abuse, peace and violence, and basic human needs. Group role plays included issues such as choosing the right friends, alcohol abuse and the consequences of telling lies. Other volunteers offered personal grooming skills and deportment. We also had an HIV/AIDS play, and range of about 10 different outings organised by various groups (see progress reports).

Holiday Programs

As with all other programs at Ons Plek the holiday programs aim to include preparing the girls for life in their homes and communities, and to give them opportunities for development — intellectual, social and emotional. The aim is never to lure them away from the streets with elaborate treats.

This would be counterproductive, maintaining the pattern of alternating over-excitement and apathy which can trap children in street life. While we usually include at least one big fun day in the longer holidays, we always bear in mind that we want the girls to learn to do things which they will be able to do in turn with their children one day. The girls are encouraged to use public transport and to think creatively about managing a small budget when planning leisure activities.

Most holiday days at Ons Plek are spent at home — playing games, doing puzzles, playing “poppe huis”, chatting, walking to the local park, and just being children. But we also organise other activities, which in the last year included swimming and picnics, museum visits including the South African Museum and Simons Town Museum, beach outings, church youth programs, baking, singing and dancing, making decorations, long walks with staff, a visit to the Aquarium, window shopping, art programs including mask making and African beading, playing netball (we installed our own netball poles at Siviwe) and a visit to Ratanga Junction.

In the last year we also had two camps — a high energy camp in Muizenberg with canoes and beach games, and self-esteem building, and a fun camp in Citrusdal where staff made sure that every one of the girls has at least the rudiments of swimming. On a more serious note all the girls were taken on a visit to the burnt Ons Plek building in town, where they had a group work session with our social worker around their feelings about a fire, which burnt part of the building down and learnt more about the dangers of fire.

In Summary

Skills Learnt: All of the above mentioned skills programs are beneficial in that they equip the girls with life skills, qualities and values such as responsibility, respect, budgeting, self-reliance, self respect, anger management and sharing, tolerance etc.

Benefits for reunification: Girls gain insight into the problems and or family dynamics, thus contributing positively to the

process of family reunification. They are more confident in expressing themselves which adds to the possibility that they can problem solve rather than just run away during future problems. They are also better equipped to fit in to society. The feeling of belonging engendered by this also motivates them to keep trying to be a constructive part of society with all that this entails.

Prevention Project — Ukondla Program in Philippi (Browns Farm) Community

In addition to our overall strategy for dealing with girls vulnerable enough to dwell on the streets rather than in their homes we are running preventative programs in the community.

Research with the trained foster parents and civic leaders in Philippi was completed in November 2005, which indicated that we should first concentrate on homework and school support, and in time on other projects like parenting skills. In the course of the last year the Ukondla program has gradually evolved into a small but stable presence in the Browns Farm Community. One foster parent from very poor circumstances is coping as a foster parent to a very traumatised teenage girl, leading to a more realistic interest from other prospective foster parents in the area. A group of 8 children including one foster child and her brother attend homework support, enrichment programs and weekly counselling sessions regularly Mondays to Thursdays. The program is similar to the in-house support program at Ons Plek, except that the children live in their own homes. Staff members regularly visit all the children’s family homes and their parents are now very supportive of the program. We currently have a substantial waiting list for other children who want to enter the program or whose families would like them to be identified as children in need of support.

Since December 2005 our community development worker runs the program with the assistance of a trainee community child care worker. While the community worker

... they learnt more about the dangers of fire.

We dedicate this page to all our donors and thank you for your continued and valued support

This list includes financial and other contributions received from MARCH to SEPTEMBER 2006

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Cecil Road Primary	SDV Pharmaceuticals
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Citroen	Shoprite Brackenfell
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FNB Sea Point	Thebe Tourism
Girl Guides Association	Truworths – Social Involvement Trust
Greenfield Girls Prim. School	Union of Jewish Women: Keshar Grp
Gregory Knitt Mills Charitable Trust	Union of Jewish Women: Na'arot Grp
H S R C	YWCA Gardens
Haugaland Tech College (Norway)	
Hau-Yoon Trust	CHURCHES:
Haven Night Shelter	Cape Town Hebrew Congregation
Heatherdale Children's Home	Christ Church Constantia
Herzlia School	Dutch Reformed Church
Hirt & Carter	Methodist Churches: Albion First United (USA), Bellville MWA, Pinelands Roberts Park United Church (USA)
Homestead	Pinelands Catholic Church
Investec	Pinelands Presbyterian Church
Irvin & Johnson	St John's Church
Jeffrey Stein Sales	St Martini Lutheran Church
John Graham School	St Vincent de Paul Soc. Gerards D.C.
K P M G	Temple Isreal (Green Point)
Kantey & Templer P/L	Zionsville Christian Church
Labia Theatre	
Levi Strauss SA Pty Ltd	Contact details unknown
Lions Club Cape Town	Martin P
LOULOU	Mangsjoo A
Lusitania Fishing Company	Dunnington
Makanjee's Shoe Store/Repair Services	
Manitou Foundation	
Marcus Brewster Publicity	
Modern Optical	
Moonlighting Filmmakers	
New Market Agencies	
Nike SA	
OTI Africa P/L	
Parmalat SA	
Pick 'n Pay Gardens	
Plumstead High School (SHOES)	

Our Donors

... the
children's
parents are
now very
supportive of
the program

was on maternity leave from March to June, the child care worker did a sterling job of keeping the project going. Since April we have managed to rent premises from the City Council at the Bristol Road Community Hall. This is a great boost for the project, since we are now situated centrally for most of the families we are working with. We are also neighbours to the Browns Farm Library, which enhances the homework support work. With our development worker back at the beginning of July, and the basic program running smoothly, we look forward to this program growing apace in the second half of 2006 as parenting skills and other relevant courses start up.

Keeping track of your donation

If you are depositing money straight into Ons Plek Project's bank account, please enter your surname AND initials, or your company's name, or Anonymous (if you prefer), in the REFERENCE BLOCKS on the DEPOSIT SLIP. This information then appears on the bank statement and identifies who we need to receipt and thank for the donation.

OUR BANKING DETAILS:

Bank: FIRST NATIONAL BANK
Branch: ADDERLEY STREET
Branch Code: 201-409
Account No: 620-529-16908
In name of: ONS PLEK PROJECTS
Swift Code: FIRZAJJ 461

Monies being deposited from overseas (telegraphic transfer) must please make a note of the swift code



We would also like to know if you have moved house or office ... so please advise us of your change of address. It's such a pity when the girls' 'thank you' letters or our newsletters are returned to us!

Are you a MEMBER of Ons Plek Projects?

Current Membership Register:

In order for our membership to be accessible to everyone, we consider any donations in cash or kind from INDIVIDUALS in the course of the year as sufficient to cover our annual membership subscription. You may also become a member by paying a specific subscription of R5 per annum. If you have donated and your name is not listed below, please contact Sharon at Ons Plek immediately in connection with your membership before the AGM. You will also have the opportunity to sign up as a member at the AGM on the 26th October 2006.

MEMBERS ON RECORD:

Abigail	Cleary M	Grobbelaar K	Kolb Dr. E	Osman N	Slingsby M
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Azaad	De Vos M	Hendricks L	Liebenberg C	Retter M	Theresa, Mandy, Emma & Gill
Bailey C	Dennehy M & N	Hendricks R	Linthreet V	Richards S	Theys M
Bakker V	Dijkstra J	Hendricks Y	Lloyd S	Richfield C	Thomas Mrs E
Bam L	Dose Mr & Mrs	Herman W	Losper S	Rickens B	Thompson Mrs
Barends E	Dowling S	Herselman M	Louw W	Ring W	Thorpe A
Barkly P	Draper J	Hey B	Luck T	Robertson Mr & Mrs	Tilley E
Barraath S	Du Plessis S	Hill P	Luthy P	Robinson Z	Toefy A
Barthis G	Duncan P & M	Hirschsohn C	Makanjee	Robyn	Toffie Y
Bassier M	Eastwood J	Hodgetts Mr&Mrs G	Malik Mrs	Rocher D	Train B
Bassier S	Ebden C	Holland Family	Manuel W	Rocho A	Ulb T
Baumann E & C	Ebrahim	Holland J	Mapangou F	Rockstroh K	Van Der Fort Z
Bilski C & N	Eirene	Holleman A	Marais H	Ronquest L	Van Der Merwe A
Blom A	Ejike E	Homenet M	Marizka & Friends	Ronquest P	Van Der Schyff L
Boes H	Ellenbogen Mrs	Hudson-Bennett R	Marks Mr & Mrs	Roodbol A	Van Der Schyff L
Bonnie	Emdin Dr. L	Humans H	Martheze S	Ross F	Van Der Schyff Y
Brache	Emeokol	Hurley E	Mathunda N	Ross L	Van Der Spuy A
Brain P	Emeran A	Huysamer Y	Matthews N	Rothschild P	Van Jaarsveld M
Bretscher J, K & N	Emmanuel	Isaacs S	Mc Cormack H	Roux N	Van Kesteren Mr&Mrs
Britz R	Esau Mr & Ms S	Isralls A	McBride R	Rundle Rev. A & Mrs	Van Tonder J
Broekmann T	Estella	Jaga Mrs	McCumisky M	Rushda	Van Wyk
Brown R	Esterhuizen D	Janssens S	Meneses C	Sabio G	Verberne K & A
Brown S	Farrell Mr & Mrs L	Jeannette	Meyer L	Sacks R	Vernie
Buchhorn B	Field Mr & Mrs R	Jerissen N	Meyer S	Savage H	Vigeland L
Buyts W G	Filippi M	Joffe D	Mitchell T	Schmitt C	Vivier A
Callaghan N	Estella	Johaar N	Moehamat (Milk Donor)	Schroeder J	Voges D
Cammack D	Faverzani G	Johnson G	Monita	Schroter M	Wagenstroom J
Campbell V	Fenton C	Jones D	Moodliar D	Schuermans- Stekhoven Mr&Mrs	Weights E
Carelse N	Filippi M	Jones S	Morgan C	Scott L	Weiss M
Carelse S	Fischer K	Joshua D	Moyniham H	Searle Dr. A	Wepener K
Carew M	Flynn S	Kallmann K	Murray S	Sedica	Wepener P
Carr Jenny	Frater A	Katz A	Muthivhi L	Shanti C	Whitaker M
Castle D	Fredericks A	Karine & Nikki	Nabi	Shapiro R	Williams D
Chadderton E	Fredericks R	Keel J	Naicker N	Shapiro Y	Williams N
Chait L	Gabriels P	Kemp J	Nevin C	Sherriff H	Wills C
Chamberlain M	Gane Z	Kessewetter P	Noy C	Sherriff Ms A	Witz S
Cheryl	Gardiner A	Khan F	Ntikina L	Shippey Family	Worthmann U
Chorley P	Gasant A	Kichenbrand M	Oberauer P	Sickle H	Xhaso N
Churms S	Gierdien F	King J	Odendaal M	Sickle M	Zacharia Mr
Cimring T	Gierdien N	Kirk B	Olanrewaju A	Silberbauer J	Zechner H
Clarke L	Gram C	Klitzner A	Oldale J	Skov K B	
Classen C	Grimbeek P	Koch K	Oosthuysen E		

Our Members

***** *Our Wish List* *****

FUNDS FOR FIRE DOORS FOR ONS PLEK AND SIVIWE: We are rebuilding Ons Plek with insurance money. The insurance money will not cover extra features which are needed to minimize the danger of fires. A sophisticated security door which is easy to open in a crisis but does not compromise security is needed. Slow burning ??? paint and other features must be installed at both shelters.

FINANCIAL DONATIONS FOR THE GIRLS FOR: Transport costs to and from school and educational outings/camps, medical expenses eg. eye tests.

STAPEL FOOD: Rice, sugar, margarine, peanut butter, maize meal, samp, cake flour, cooldrink, tea, oats, beans chutney, tomatoe sauce, mayonnaise, fish oil, pilchards, spaghetti, macaroni, amasi.

CLEANING FLUIDS: Jayes fluid, auto washing powder, Handy Andy, Jik, Sunlight soap, black garbage bags, steelwool, fabric softener.

TOILETRIES: Sanitary pads, roll-on deoderant, toiletpaper, Vaseline, toothpaste, hair straightener (**must be mild**), black shoe polish, shoe brush, Lice Shampoo (Gambax - clinics no longer supply this and at R50/ bottle it has become rather expensive).

UNDERWEAR: Panties/bras for young girls aged 5-18 yrs, socks for winter.

STATIONERY: Photocopy paper (white), Pritt stick, scissors (small for school children), plastic sleeves, pencils, pens, examination pads, Flip Files, calculators, A4 exercise books (hard covers).

SCHOOL REQUIREMENTS: 60 x of each item at the beginning of each new year: blunt-nose scissors, Pritt (40g), space case, pens (black, blue and red).

Camera film 24 exposure.

UKONDLA (Homework Programme): Magazines eg. *Huisgenoot, You, Drum, Vukani, Bona.*

PHILIPPI PROJECT Educational needs: Puzzle mat, puzzles - 24 piece, dominoes, playing cards, crayons, games, heater, mat, poster paints and paper, beads, soft toys (appropriate for children aged 6-12 yrs).

Please contact us first about the following items: Shredder (small) for office use, laminating machine, industrial tumble dryer, power point projector.

***** *Thank you!* *****

ACKNOWLEDGEMENTS: **Henk Blom** of Zeplin Productions (092 667 1688) for our Website. **Wendy Wilkinson** (046 648-2910) for typesetting our Newsletters and AGM Reports. **Salty Print** (021 448-5620) for printing our Newsletters and AGM Reports.

Please cut along the dotted line and forward completed Nomination Form to Ons Plek Projects by 19th October 2006

NOMINATIONS FOR THE ONS PLEK PROJECTS' BOARD

I, hereby propose

for the Board of Ons Plek Projects for the term of office.

Seconded by

I, hereby accept the above proposal.

Signed

Date